FAYETTEVILLE STATE UNIVERSITY, SPRING 2022 SWRK 635-44H MANAGEMENT OF HUMAN SERVICE ORGANIZATIONS

Black & Brown Women's LEADERSHIP AFFIRMATIONS

PROFESSORS SHARE WISDOM





"When I was growing up my grandmother used to say, 'tell people what you are going to do. Make sure you do it and then go on about your business. Don't debate it because it might lead to an argument." Those pearls of wisdom have stayed with me and influenced my leadership style. In the field of social work, I am constantly receiving requests to do 'something' from supervisors, clients, and colleagues. Oftentimes, those requests are based on misinformation about the role of a social worker and personal agendas. Early on in my career, I found it hard to say "no," to be assertive without being perceived as an aggressive black woman, and to establish boundaries. Over the years, I have learned to channel the grace of my Grandma Maggie by offering an affirmative response. By affirmative, I offer a response that is intentional and clearly communicates what I can specifically do to assist. My support may come as a listening ear, an encouraging word, a referral, a brainstorming session, or a good deed. And sometimes, the answer is an unequivocal 'no.' Most people are respectful of a clear yet firm response that communicates that I'm on your team, I'm professional, and I know what I bring to the table. To sum it up, my advice is to develop the finesse of good communication and self-care."

## DR. D. NATASHA SCOTT





During a recent phone conversation, Dr. Terri Moore-Brown shared these words of wisdom: "Your career is an investment." Dr. Moore-Brown states it is important for women to be proactive mentees and seek diverse mentors, "Get mentors that are at the place where you want to be in the future," she advises. Dr. Moore-Brown appeals to the cohort to be savvy, well-read, relational, financially astute, and hardworking. "You have to work hard, and you have to make yourself an asset to your organization." She recommends women of color to invest in their 401K, read books on political leaders and women of color in leadership, serve on boards, and attend trainings and conferences. "That's where the ideas are exchanged," she advises. "That's where the networking is going on." Dr. Moore-Brown says it is also important to stay abreast of policies and world events. She also shares this tip on women and salary negotiation, "always negotiate." "When you're offered a salary, ask for a little more," she says. Dr. Moore-Brown urges women to do their homework, research salaries, and be able to back up any request. Finally, she says "just go with the punches," explore opportunities, and "do what you love."

DR. TERRI MOORE-BROWN



## RELAX, REFLECT, RELEASE

- "The Rose That Grew From Concrete" by Tupac featuring Nikki Giovanni
- "Free" by Perri Jones
- "Mirror" by Lalah Hathaway
- "Just Fine" by Mary J. Blige
- "Brown Skin Girl" by Beyonce, Blue Ivy, SAINt JHN, WizKid
- "Before I Let Go" by Maze featuring Frankie Beverly or Beyonce
- "Sisters Are Doin' It For Themselves" by Eurythmics featuring Aretha Franklin
- "After The Pain" by Betty Wright
- "You Got It" by Vedo
- "Brown Skin" by India.Arie
- "Good As Hell" by Lizzo
- "Respect" by Aretha Franklin
- "I Am Not My Hair" by India. Arie
- "Just Like God" by Evvie McKinney
- "I'm Blessed" by Charlie Wilson
- "The Gift" by Donald Lawrence
- "For The Love of You" by The Isley Brothers
- "Everything Is Everything" by Lauren Hill
- "Let Go" by Lalah Hathaway
- "Crooked Smile" by J. Cole
- "Can You Stand the Rain" by New Edition
- "Alright" by Ledisi
- "Golden" by Jill Scott
- "She's A Bad Mama Jama" by Carl Carlton
- "Got To Be Real" by Cheryl Lynn
- "Savage" (remix) by Megan Thee Stallion featuring Beyonce
- "Keep Ya Head Up" by Tupac
- "Level Up" by Ciara
- "The Light" by Common
- "Encourage Yourself" by Donald Lawrence and The Tri-City Singers
- "All Falls Down" by Kanye West
- "Upgrade U" by Beyonce featuring Jay-Z
- "Afeni" by Rapsody featuring PJ Morton, or remix featuring D Smoke
- "Victory" by Brenda Waters





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BOBBIE M. BURKS, MSW CANDIDATE, c/o 2022