

# B.S. in Sport & Fitness Management

Department of Health, Physical and Secondary Education

## Program Information

The Department of Health, Physical and Secondary Education offers a Bachelor of Science Degree in Sport & Fitness Management. The degree requires 120 credit hours.

A Bachelor of Science in Sport & Fitness Management (SPFM) focuses on providing education and training for students to meet the challenges of careers in professional sports, both domestic and international, intercollegiate, interscholastic, and recreational sports organizations. The degree will incorporate 21st-century skills needed to address the need of the business of sport and fitness management. In addition, the curriculum allows students the opportunity to obtain certifications (Personal Trainer; Aquatic Facility Operator; First Aid & CPR; Lifeguard and Water Safety Instructor) that will make our students more marketable and expand his/her knowledge base.

### Program Outcomes:

1. Professional Competencies: Students will be able to demonstrate adequate knowledge and competencies needed to be successful sports and fitness management professionals in a variety of settings.
2. Application of Knowledge and Skill: Students will be able to effectively apply knowledge and skills learned throughout the curriculum in real world settings.
3. Critical Thinking: Students will be able to apply critical thinking and reasoning skills as sport and fitness management professionals.
4. Communication Skills: Students will be able to capably communicate, orally and in writing, as a sports and fitness management professional within various sport settings.
5. Leadership Application: Students will be able to analyze situations and apply the principles of appropriate leadership skills and behaviors related to sport and fitness management and sport leadership responsibilities.
6. Morals & Ethics in Sports Management: Students will be able to analyze moral and ethical issues related to sport and develop a personal philosophy regarding social responsibility and moral commitment in the sports and fitness management setting and as a sports and fitness management professional.

## Admission Requirements

### To the Department

Students entering the Department of Health, Physical and Secondary Education must complete a [Declaration of Major Form](#) (access through the QR code below) to receive departmental advisement and be assigned an advisor in the major. All majors must choose a Bachelor of Science in Sport and Fitness Management. A GPA of 2.0 is required to declare the major unless you are a transfer student or first-time freshman.

Once the Major has been declared students are required to complete the following steps:

- Meet with their Major Advisor prior to enrolling in courses
- Complete and sign a declared major new program of study



## Graduation Requirements

Students in the Sport Management Concentration must meet the following requirements to be **eligible for graduation**:

- Complete all courses in the University College Core Curriculum;
- Have a cumulative GPA of 2.0 or higher; and
- Earn a grade of C or higher in all SPTM, HEED, HPE major core courses and BADM courses.

To apply for graduation, the candidate must:

- Apply for graduation
- Pay \$75 application fee
- Spring Candidates should apply for graduation by March 30 of the same year
- Fall candidates should apply for graduation by October 30 of the same year
- To apply for graduation, follow the [Banner Student Online Graduation Application Instructions](#)
- Transcripts will be updated with "Degree Awarded" and diplomas mailed 4-6 weeks after graduation.

# Program Requirements

|   |  |                        |
|---|--|------------------------|
| <b>University College Core Curriculum</b> |  | <b>39 Credit Hours</b> |
| <b>Sport Management Core Courses</b>      |  | <b>36Credit Hours</b>  |
| SPTM 211                                  | Introduction to Sport Management                 | 3 credits              |
| SPTM 301                                  | Sport Governance and Policy                      | 3 credits              |
| SPTM 330                                  | Sport Facility and Event Management              | 3 credits              |
| SPTM 331                                  | Economics and Finance of Sport                   | 3 credits              |
| SPTM 340                                  | Sport Marketing and Communications               | 3 credits              |
| SPTM 350                                  | Aquatics and Facility Management                 | 3 credits              |
| SPTM 421                                  | Management and Leadership in Sport Organizations | 3 credits              |
| *SPTM 450                                 | Legal Aspect of Sport                            | 3 credits              |
| *SPTM 490                                 | Sport Management Internship and Seminar          | 12 credits             |
| <b>Physical Education Core Courses</b>    |  | <b>30 Credit Hours</b> |
| PEDU 101 or PEDU 200                      | Swimming (Coed) or Swimming I                    | 1 credit               |
| PEDU 350                                  | Functional Anatomy                               | 3 credits              |
| PEDU 361                                  | Sports Officiating                               | 2 credits              |
| PEDU 362                                  | Lifesaving and Water Instruction                 | 3 credits              |
| PEDU 402                                  | Motor Learning                                   | 3 credits              |
| PEDU 421                                  | Measurement and Evaluation                       | 3 credits              |
| PEDU 431                                  | Adapted PE                                       | 3 credits              |
| PEDU 450                                  | Kinesiology/Physiology of Exercise               | 3 credits              |
| PEDU 452                                  | The Intramural Sports Program                    | 3 credits              |
| *PEDU 460                                 | Introduction to Personal Training                | 3 credits              |
| *PEDU 472                                 | Sports in Contemporary American Society          | 3 credits              |
| <b>Health Core Courses</b>                |  | <b>9 Credit Hours</b>  |
| HEED 310                                  | Mental and Emotional Health                      | 3 credits              |
| HEED 372                                  | First Aid and Safety Education                   | 3 credits              |
| HEED 420                                  | Nutrition  | 3 credits              |
| <b>Elective Courses</b>                   |  | <b>6 Credit Hours</b>  |
| Elective                                  | Advisor Approved Course                          | 3 credits              |
| Elective                                  | Advisor Approved Course                          | 3 credits              |

**\*Note – Student must be classified as a Junior or Senior to enroll in 400 level courses or have instructor approval.**

## Contact Information

### BACHELOR OF SCIENCE IN SPORT & FITNESS MANAGEMENT - 120 Credits

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